

Northwest Regional Swimming Championships
Demond Center, Radford University
Results - Afternoon

#1 Boys 200 Yard Medley Relay

State Record: 1:34.85! 2008 Oakton High School

M Hallock, K Park, M Piantedosi, T Daniels

NW REG: 1:39.74# 2009 Osbourn High School

C Campbell, C Wittenauer, M Perez, D Jansen

Team	Relay	Finals Time
1 BFHS	A	1:41.91
Croasdell, Jacob SO	Mathis, Nicholas JR	
Tremols, Nick SR	Whitticar, Ford FR	
2 AHS	A	1:42.97
McGhee, Ryan SR	Cudahy, Sean SR	
Webb, Tim JR	Tubridy, Patrick SR	
3 OHS	A	1:43.14
Campbell, Conor SR	Perez, Tyler SR	
Mustafa, Adam SO	McGrory, Reilly SO	
4 OPHS	A	1:43.30
Blakely, Steven JR	Barone, Jacob SR	
Shields, AJ SO	Minick, Grant SO	
5 BPHS	A	1:43.32
Fox-Moles, Michael SO	Deal, Forrest	
Blevins, Phillip JR	Garcia, Alex SO	
6 MHS	A	1:43.36
Hunt, Tommy	Young, Mike	
Kauppert, Tyler	Keen, Dylan	
7 MVHS	A	1:43.45
Sell, Michael FR	Stockner, Daniel FR	
Friedel, Josh JR	Johnson, Mike SO	
8 HHS	A	1:44.15
McAllister, Daniel FR	Rosenburg, Damon JR	
Wright, Geoffrey SR	Frye, Ian SR	
9 RHS	A	1:44.94
Camper, Michael JR	McClure, Sean JR	
Shafer, Jake JR	Bogue, Patrick SR	
10 PHHS	A	1:47.19
McGraw, Trey	Catron, Matthew	
Thornhill, Alan JR	Potter, Tim	
11 WSHS	A	1:47.35
Prescott, Jay JR	Francis, Daniel JR	
Langhauser, Keith SO	Sweeney, Harrison FR	
12 FPHS	A	1:48.32
Yang, John JR	Murrin, Jordan SO	
Blevins, Philip JR	Reichling, Eric JR	
13 NSHS	A	1:49.96
Resch, Robert JR	Faherty, Nolan	
Troy, Winston	Young, Derek FR	
14 SJHS	A	1:55.67
Seltzer, Dieter JR	Goulet, Zachary FR	
Utt, Daniel FR	Beavers, Duncan FR	
15 GFHS	A	1:56.96
Green, John FR	Anderson, Brandon JR	
Kem, Thokeyna JR	Karlen, Mark JR	
16 HCHS	A	1:59.66
Keck, Jordon SO	Fulcher, Hunter SO	
Ford, Zak SO	Henderson, Dru JR	
17 GWHS	A	2:06.48
Collins, David JR	Feldman, James	
Russell, Patrick	Phelps, John	

--- FCHS	A	DFS
Declared false start - Misc		
Boyd, Nicholas SO	Taylor, Brent JR	
Girani, Thomas SO	Lovell, Duncan SO	

#2 Girls 200 Yard Medley Relay

State Record: 1:37.54! 2000

Langley

NW REG: 1:49.21# 2003 Culpeper High School

J Brick, L Brick, G DeToll, K McDonnell

Team	Relay	Finals Time
1 BFHS	A	1:53.09
Tremols, Nina FR	Martin, Natalie FR	
Criscuolo, Holly SO	Crider, Lara SR	
2 OHS	A	1:54.31
Ansley, Kameron JR	Boyle, Casie JR	
Turner, Heidi FR	Nowak, Haley SR	
3 RHS	A	1:54.33
Kalista, Maria SR	Brumbaum, Kayla FR	
Bauers, Tori SR	Fletcher, Dani SR	
4 NSHS	A	1:54.90
Schmitz, Catie JR	Sherman, Paige JR	
Suhling, Maggie SO	Bedwell, Caitlyn JR	
5 OPHS	A	1:55.62
Harrison, Elizabeth SR	Young, Carmen JR	
Kula, Audrey SO	Souther, Christine SO	
6 HHS	A	1:56.18
Grecco, Allison FR	Rosenburg, Kaleigh FR	
Rember, Bailey JR	Gold, Jordan JR	
7 AHS	A	1:57.18
Miller, Kelly FR	Ross, Nikki SO	
Harper, Holly SO	Pajewski, Christine SR	
8 STAFF	A	1:57.45
Wuckovich, Zoe JR	Melkun, Hannah JR	
Lloyd, Allison FR	Lewis, Hannah SO	
9 MVHS	A	1:59.07
Angers, Dani SO	Pfannenstein, Ashley SR	
Slattery, Molly SR	Pfannenstein, Alyssa SO	
10 MHS	A	1:59.64
Keen, Kiyomi FR	Herbek, Laurie	
Minnich, Shannon	Hill, Emilee	
11 WSHS	A	2:00.33
Lisbon, Megan JR	Lisbon, Kelsey FR	
Owens, Shelby FR	Woll, Jade FR	
12 LV	A	2:06.73
Barattino, Nikki SO	Shayka, Bridget JR	
	Sullivan, Meghan SR	
13 GFHS	A	2:08.94
Anastasio, Christine SR	Emert, Heather JR	
Fox, Casey JR	Fleming, Kathleen SR	
14 PHHS	A	2:09.11
Baldrige, Anne SO	Black, Gracie	
Martin, Allison	Casola, Grace	
15 SJHS	A	2:12.98
Pendegrass, Aimee SR	Thai, Melissa FR	
VanBuskirk, Carrie SO	Cotton, Katie JR	
16 GWHS	A	2:21.97
Jones, Rachel	Stephens-Pickeral, Ali	
Turner, Julie	Waldman, Stephanie	

17 HCHS	A	2:23.16
Essig, Melissa JR	Conner, Jessica	
Snead, Rebecca FR	Farley, Morgan JR	
--- FPHS	A	DQ
Early take-off swimmer #3		
Leong, Samantha FR	Bodmer, Allyson FR	
Harper, Shannon SO	Murphy, Briana JR	
--- CFHS	A	DFS
Declared false start - Misc		
Burlingham, Eva SR	Monahan, Bailie SO	
McTarsney, Ciara SO	Hutchinson, Andrea JR	
--- FCHS	A	DFS
Declared false start - Misc		
Borellis, MacKenzie FR	Hoch, Caitlin JR	
Parcell, Margaret JR	Delport, Charne SR	

#3 Men 200 Yard Free

State Record: 1:39.88! 2009 Andrew Starr

NW REG: 1:42.16# 2008 Andrew Starr

Name	Yr	Team	Finals Time
1 Tremols, Nick	SR	BFHS	1:43.94
2 Camper, Michael	JR	RHS	1:45.31
3 Campbell, Conor	SR	OHS	1:46.10
4 Stronko, Sam	FR	OPHS	1:48.92
5 McGraw, Trey		PHHS	1:49.10
6 Shafer, Jake	JR	RHS	1:50.86
7 Bogle, Justin	JR	BFHS	1:51.11
8 Kimble, Cole	JR	NSHS	1:51.60
9 Mustafa, Adam	SO	OHS	1:51.63
10 Robbins, Chase	JR	AHS	1:53.29
11 Solomon, Matt	SR	AHS	1:54.37
12 Blevins, Philip	JR	FPHS	1:54.68
13 Smith, Bryan	JR	FPHS	1:54.97
14 Brower, Michael	SO	BPHS	1:55.28
15 Sell, Michael	FR	MVHS	1:55.73
16 Wanner, Jackson	JR	BPHS	1:57.85
17 Heckman, Trevor	SO	OPHS	1:58.90
18 Hannan, Mark	FR	WSHS	1:59.43
19 Schuette, Matt	JR	FPHS	2:01.54
20 Langhauser, Keith	SO	WSHS	2:02.49
21 Perez, Matthew	JR	OHS	2:05.44
22 Ray, Andrew	FR	LV	2:05.90
23 Thornburg, Michael	JR	SJHS	2:08.78
24 Utt, Daniel	FR	SJHS	2:11.03
25 Collins, David	JR	GWHS	2:15.46
26 Elliott, Taylor	JR	HCHS	2:30.62
27 Ross, Kirtland	SR	FCHS	2:34.13
28 Akers, Hunter	FR	FCHS	2:41.96
29 Jumper, Terrell		PHHS	2:42.90
30 Huffman, Brady	11	WFHS	2:55.08
--- Hess, Wade	SO	FCHS	DQ

No Show Penalty Event

#4 Girls 200 Yard Free

State Record: 1:46.32! 2009 Becca Jones

NW REG: 1:52.55# 2008 Caitlin Perks

Name	Yr	Team	Finals Time
1 Harper, Shannon	SO	FPHS	1:53.60

Northwest Regional Swimming Championships
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Results - Afternoon

#4 Girls 200 Yard Free)

2	Allen, Abbey	SR	NSHS	1:56.31
3	Nowak, Haley	SR	OHS	1:57.62
4	Kula, Audrey	SO	OPHS	1:59.08
5	Lund, Rachel	SR	OPHS	1:59.87
6	Flinn, Mary	FR	BPHS	2:00.59
7	Gully, Kendra	SR	OPHS	2:01.33
8	Skelley, Emma	FR	OPHS	2:01.49
9	Turner, Heidi	FR	OHS	2:02.89
10	Wuckovich, Zoe	JR	STAFF	2:03.08
11	Winkler, Claire		MHS	2:03.76
12	Herbek, Laurie		MHS	2:04.24
13	McTarsney, Ciara	SO	CFHS	2:06.10
14	Heflin, Sam	SO	STAFF	2:09.96
15	Owens, Shelby	FR	WSHS	2:10.30
16	Varela, Courtney	JR	WSHS	2:12.50
17	Gold, Jordan	JR	HHS	2:13.28
18	Murphy, Moira	FR	FPHS	2:14.53
19	Cotton, Katie	JR	SJHS	2:17.27
20	Martin, Erin	FR	LV	2:18.73
21	Storey, Elizabeth	JR	OHS	2:18.74
22	Goodfellow, Amber	JR	OHS	2:18.83
23	VanBuskirk, Carrie	SO	SJHS	2:23.85
24	Baldrige, Anne	SO	PHHS	2:31.10
25	Jones, Rachel		GWHS	2:42.88
26	Spencer, Johanna	JR	HCHS	2:50.93
27	McEvoy, Katie		PHHS	2:54.35
28	Conner, Emily	JR	HCHS	3:08.10
---	Hart, Elizabeth	SR	FCHS	DQ
	No Show Penalty Event			
---	Trout, Alexa	JR	FCHS	DQ
	No Show Penalty Event			
---	Greer, Sarah	JR	FCHS	DQ
	No Show Penalty Event			

#5 Boys 200 Yard IM**State Record: 1:51.72! 2009 David Kiss****NW REG: 1:54.80# 2005 Zachary Hayden**

Name	Yr	Team	Finals Time	
1	Perez, Tyler	SR	OHS	1:59.36
2	Cudahy, Sean	SR	AHS	2:00.73
3	Stoffa, Gregory	SO	OPHS	2:01.08
4	Schwalm, Connor	JR	PHS	2:01.63
5	Blakely, Steven	JR	OPHS	2:02.23
6	Webb, Tim	JR	AHS	2:03.24
7	McGhee, Ryan	SR	AHS	2:05.66
8	Mathis, Nicholas	JR	BFHS	2:06.73
9	Rosenburg, Damon	JR	HHS	2:07.63
10	Hunt, Tommy		MHS	2:08.81
11	Jaeger, Marck	SR	HYL	2:09.12
12	Murrin, Jordan	SO	FPHS	2:10.91
*13	Nye, Connor	FR	WSHS	2:12.29
*13	Karlovich, Zach	SR	STAFF	2:12.29
15	Mikeal, Jessup		BPHS	2:13.09
16	Stockner, Daniel	FR	MVHS	2:13.29
17	Yang, John	JR	FPHS	2:13.40

18	Girani, Thomas	SO	FCHS	2:14.19
19	Chapman, Zachary	FR	BFHS	2:17.15
20	Dooley, Kenta	JR	BFHS	2:19.51
21	Kerber, Sam	SO	OHS	2:22.97
22	Ross, Alex	SR	BFHS	2:29.84
23	Catron, Matthew		PHHS	2:29.91
24	Ford, Zak	SO	HCHS	2:36.49
25	Harris, Will	9	WFHS	2:43.79
26	Fulcher, Hunter	SO	HCHS	2:52.10
---	Lord, Peter	SO	OPHS	DFS
	Declared false start - Misc			

#6 Girls 200 Yard IM**State Record: 2:01.19! 2008 Ashley Danner****NW REG: 2:08.40# 2008 Casie Boyle**

Name	Yr	Team	Finals Time	
*1	Ansley, Kameron	JR	OHS	2:11.49
*1	Boyle, Casie	JR	OHS	2:11.49
3	Rosenburg, Kaleigh	JR	HHS	2:12.70
4	Young, Carmen	JR	OPHS	2:14.30
5	Martin, Natalie	FR	BFHS	2:14.91
6	Lisbon, Megan	JR	WSHS	2:15.34
7	Melkun, Hannah	JR	STAFF	2:15.79
8	Harrison, Elizabeth	SR	OPHS	2:15.87
9	Stephens-Pickeral, Ali	FR	GWHS	2:16.03
10	Schmitz, Catie	JR	NSHS	2:17.82
11	Livingston, April	SR	HYL	2:17.94
12	Souther, Christine	SO	OPHS	2:19.67
13	Rember, Bailey	JR	HHS	2:21.67
14	Sherman, Paige	JR	NSHS	2:21.92
15	Dix, Sara	FR	NSHS	2:25.82
16	Perry, Hayley		MHS	2:26.84
17	Bodmer, Allyson	FR	FPHS	2:30.85
18	Jamison, Jill	FR	BFHS	2:43.17
19	Hoch, Caitlin	JR	FCHS	2:43.80
20	Cunicelli, Mia	SR	HHS	2:46.69
21	Miller, Jordan		HCHS	2:53.32
22	Turner, Julie		GWHS	3:22.72
---	Ober, Shannon	JR	HHS	DQ
---	Venning, Allison	JR	FCHS	DQ
	No Show Penalty Event - Misc			
---	Hoch, Breanna	FR	FCHS	DFS
	Declared false start - Misc			
---	Haynes, Erica	FR	FCHS	DFS
	Declared false start - Misc			

#7 Boys 50 Yard Free**State Record: 21.06! 2001 Joel Cross****NW REG: 21.34# 2006 Zachary Hayden**

Name	Yr	Team	Finals Time	
1	Minick, Grant	SO	OPHS	22.59
2	Hickenbottom, Connor	SR	PHS	22.82
*3	Tubridy, Patrick	SR	AHS	22.86
*3	Young, Mike		MHS	22.86
5	Lockman, Matt	FR	AHS	22.93
6	Wright, Geoffrey	SR	HHS	22.96
7	Reinertson, Christian	JR	LV	22.99

8	McGrory, Reilly	SO	OHS	23.00
9	Hensley, Calvin	SO	BPHS	23.01
10	Johnson, Mike	SO	MVHS	23.15
11	Kaupert, Tyler		MHS	23.38
12	Hughes, Ryan	JR	FPHS	23.48
13	Taylor, Capwell	SO	LV	23.49
14	Garcia, Alex	SO	BPHS	23.50
15	Sanders, Brandon	FR	CFHS	23.52
16	Parker, Jack	SR	LV	23.60
17	Lee, Kevin	JR	BFHS	23.62
18	Mernin, Ethan	FR	OHS	23.69
19	Bassford, John	SR	OPHS	23.73
20	Bogue, Patrick	SR	RHS	23.80
21	Potter, Tim		PHHS	23.97
22	Reichling, Eric	JR	FPHS	24.00
23	Foskett, Andrew	SR	OPHS	24.03
24	Chamberlain, Alec	SO	FPHS	24.05
25	Carlyle, Jaegar	SR	HHS	24.23
26	Frye, Ian	SR	HHS	24.44
27	Freeman, Will	FR	WSHS	24.54
28	Boyd, Andrew	JR	BFHS	24.60
29	Feldman, James		GWHS	25.84
30	Taylor, Brent	JR	FCHS	25.85
31	Henderson, Dru	JR	HCHS	26.05
32	Phelps, John		GWHS	26.46
---	Whitefleet, Bill	JR	FCHS	DQ

#8 Girls 50 Yard Free**State Record: 23.61! 2000 Lauren Cornet****NW REG: 23.89# 2008 Meredith Cavalier**

Name	Yr	Team	Finals Time	
1	Vincent, Taylor	FR	GFHS	24.55
2	Monahan, Bailie	SO	CFHS	24.97
3	Parcell, Margaret	JR	FCHS	25.09
4	Murphy, Briana	JR	FPHS	25.13
5	Burlingham, Eva	SR	CFHS	25.28
6	Deubler, Mackenzie	JR	NSHS	25.47
7	Leong, Samantha	FR	FPHS	25.50
8	Brumbaum, Kayla	FR	RHS	25.67
9	Fletcher, Dani	SR	RHS	25.72
10	Woll, Jade	FR	WSHS	26.00
11	Turner, Heidi	FR	OHS	26.06
12	Crider, Lara	SR	BFHS	26.26
13	Brana, Alexis	JR	NSHS	26.28
14	West, Maddie	FR	WSHS	26.33
15	Boyd, Brigette	FR	BFHS	26.94
*16	Bedwell, Caitlyn	JR	NSHS	26.96
*16	Minnich, Shannon		MHS	26.96
18	Pajewski, Christine	SR	AHS	26.97
19	Sharp, Corinne	SR	AHS	27.05
20	Hood, Taylor	SO	FPHS	27.15
21	Pfannenstien, Alyssa	SO	MVHS	27.26
22	Nowak, Emma	FR	OHS	27.45
23	Hummer, Lilly	SO	FPHS	27.54
24	Fleming, Kathleen	SR	GFHS	27.80
25	Pyles, Megan	SO	BFHS	27.82
26	Waletzki, Nicole	SR	HHS	28.00

Northwest Regional Swimming Championships
Demond Center, Radford University
Results - Afternoon

#8 Girls 50 Yard Free)

27	Ferrone, Melissa	SR	OPHS	28.05
28	Boyle, Erica	SO	OHS	28.10
29	Perussault, Lauren	SR	HHS	28.32
30	Meyer, Alyssa	SO	HHS	28.80
31	Black, Gracie		PHHS	29.23
32	Brailsford, Caroline		PHHS	29.36
33	Waldman, Stephanie		GWHS	29.69
34	White, Kelsey	FR	HCHS	30.54
35	Farley, Morgan	JR	HCHS	30.58
---	Delpont, Charne	SR	FCHS	DQ
---	Borellis, MacKenzie	FR	FCHS	DQ

#11 Boys 100 Yard FlyState Record: **47.08!** 2009 Sean FletcherNW REG: **49.98#** 2008 Jake Lucas

Name	Yr	Team	Finals Time	
1	Tremols, Nick	SR	BFHS	51.20
2	Friedel, Josh	JR	MVHS	52.95
3	Fox-Moles, Michael	SO	BPHS	54.43
4	Whitticar, Ford	FR	BFHS	55.32
5	Thornhill, Alan	JR	PHHS	56.05
6	Reinertson, Christian	JR	LV	56.31
7	Shields, AJ	SO	OPHS	56.38
8	Blevins, Philip	JR	FPHS	57.17
9	Topping, Stephen	JR	AHS	57.28
10	Blevins, Phillip	JR	BPHS	57.61
11	Smith, Bryan	JR	FPHS	57.86
12	Langhauser, Keith	SO	WSHS	57.94
13	Slattery, Michel	SO	MVHS	58.02
14	Shafer, Jake	JR	RHS	58.33
15	Adams, Brendon	SR	OPHS	58.35
16	Lee, Kevin	JR	BFHS	59.03
17	Mernin, Ethan	FR	OHS	59.17
18	Hannan, Mark	FR	WSHS	59.75
19	Barone, Jacob	SR	OPHS	1:01.60
20	Stroud, Fisher	SO	BPHS	1:02.11
21	Yeung, Matthew	SR	OHS	1:02.18
22	Utt, Daniel	FR	SJHS	1:02.33
23	McDonald, Alex	SR	OPHS	1:02.39
24	Popek, James	SO	HCHS	1:09.07
25	Russell, Patrick		GWHS	1:25.97
---	Bernardino, Michael	JR	AHS	DQ
---	Keck, Jordon	SO	HCHS	DQ
---	Boyd, Nicholas	SO	FCHS	DQ
---	Wells, G.W.	SR	FCHS	DQ

#12 Girls 100 Yard FlyState Record: **56.21!** 1999 Cynthia RollerNW REG: **56.93#** 2002 Gigi DeToll

Name	Yr	Team	Finals Time	
1	Harper, Shannon	SO	FPHS	57.13
2	Monahan, Bailie	SO	CFHS	57.42
3	Ansley, Kameron	JR	OHS	57.49
4	Vincent, Mandy	SR	GFHS	59.30
5	Slattery, Molly	SR	MVHS	1:00.12

6	Ryan, Kelsey	JR	LV	1:00.24
7	Kula, Audrey	SO	OPHS	1:00.63
8	Criscuolo, Holly	SO	BFHS	1:00.95
9	Suhling, Maggie	SO	NSHS	1:01.09
10	Minnich, Shannon		MHS	1:01.54
11	Martin, Allison		PHHS	1:02.72
12	Rember, Bailey	JR	HHS	1:03.79
13	Tremols, Nina	FR	BFHS	1:03.91
14	Brana, Alexis	JR	NSHS	1:04.52
15	Schmitz, Karaline	FR	NSHS	1:04.85
16	Lloyd, Allison	FR	STAFF	1:05.45
17	Keen, Kiyomi	FR	MHS	1:06.96
18	Stevens, Jillian	FR	OPHS	1:07.95
19	Varela, Courtney	JR	WSHS	1:08.54
20	Pederson, Gabrielle	SR	HYL	1:09.79
21	Moore, Julia	SO	FPHS	1:10.99
22	Sterling, Mary Kate	JR	OPHS	1:11.61
23	Attansio, Shelby	FR	OHS	1:11.64
24	Goodfellow, Amber	JR	OHS	1:11.72
25	VanBuskirk, Carrie	SO	SJHS	1:12.10
26	Conner, Jessica		HCHS	1:32.30
27	Rutledge, Shelby	JR	HCHS	1:38.44
---	Brown, Melissa	SO	FCHS	DQ
	Declared false start			
---	Casola, Grace		PHHS	DQ
---	Venning, Allison	JR	FCHS	DQ
	Declared false start			

#13 Boys 100 Yard FreeState Record: **45.56!** 2008 Tim WingertNW REG: **46.87#** 2008 Joey Girani

Name	Yr	Team	Finals Time	
1	Minick, Grant	SO	OPHS	49.34
2	Young, Mike		MHS	49.78
3	Wright, Geoffrey	SR	HHS	49.91
4	McGraw, Trey		PHHS	50.16
5	Hensley, Calvin	SO	BPHS	50.19
6	Bogle, Justin	JR	BFHS	50.22
7	Johnson, Mike	SO	MVHS	50.23
8	Hickenbottom, Connor	SR	PHS	50.72
9	Lockman, Matt	FR	AHS	51.10
10	Mustafa, Adam	SO	OHS	51.57
11	Taylor, Capwell	SO	LV	51.63
12	Mikeal, Jessup		BPHS	51.79
*13	McGrory, Reilly	SO	OHS	52.36
*13	Bassford, John	SR	OPHS	52.36
15	Thornhill, Alan	JR	PHHS	52.87
16	Slattery, Michel	SO	MVHS	53.00
17	McAllister, Daniel	FR	HHS	53.20
18	Hughes, Ryan	JR	FPHS	53.57
19	Frye, Ian	SR	HHS	53.63
20	Reichling, Eric	JR	FPHS	53.96
21	Heckman, Trevor	SO	OPHS	53.97
22	Schuetz, Matt	JR	FPHS	54.44
23	Prescott, Jay	JR	WSHS	54.94
24	Sweeney, Harrison	FR	WSHS	55.16
*25	Potter, Tim		PHHS	56.33

*25	Sprague, Matt	JR	BFHS	56.33
27	Blevins, Phillip	JR	BPHS	56.36
28	Beavers, Duncan	FR	SJHS	56.62
29	Ford, Zak	SO	HCHS	57.21
30	Feldman, James		GWHS	59.38
31	Henderson, Dru	JR	HCHS	1:01.58
32	Garner, Brandon		HCHS	1:02.35
---	Lovell, Duncan	SO	FCHS	DQ
---	Phifer, Sam	SR	FCHS	DQ
---	Solomon, Matt	SR	AHS	DQ

#14 Girls 100 Yard FreeState Record: **49.15!** 2009 Becca JonesNW REG: **51.78#** 2006 Nancy Baar

Name	Yr	Team	Finals Time	
1	Vincent, Taylor	FR	GFHS	53.23
2	Murphy, Briana	JR	FPHS	53.96
3	Mizerak, Courtney	SO	OPHS	54.23
4	Harper, Holly	SO	AHS	54.35
5	Deubler, Mackenzie	JR	NSHS	54.36
6	Parcell, Margaret	JR	FCHS	54.55
7	Burlingham, Eva	SR	CFHS	54.84
8	Criscuolo, Holly	SO	BFHS	55.74
9	Boyle, Casie	JR	OHS	55.90
10	Fletcher, Dani	SR	RHS	56.88
11	Herbek, Laurie		MHS	57.28
12	Woll, Jade	FR	WSHS	57.76
13	Flinn, Caitlin		BPHS	58.51
14	Lewis, Hannah	SO	STAFF	59.50
15	Heflin, Sam	SO	STAFF	59.65
16	Gilgannon, Kelly	SR	AHS	59.90
17	Pfannenstien, Alyssa	SO	MVHS	1:00.45
18	Ferrone, Melissa	SR	OPHS	1:00.55
19	Waller, Antoinette	FR	FPHS	1:00.80
20	Nowak, Emma	FR	OHS	1:01.80
21	Perussault, Lauren	SR	HHS	1:03.34
22	Chen, Jessica	JR	WFHS	1:03.64
23	Lowell, Peri	JR	BFHS	1:04.24
24	Sterling, Lindsay	SO	OPHS	1:04.47
25	Boyle, Erica	SO	OHS	1:05.66
26	Baldrige, Anne	SO	PHHS	1:07.62
27	White, Kelsey	FR	HCHS	1:10.34
28	Brailsford, Caroline		PHHS	1:11.19

#15 Boys 500 Yard FreeState Record: **4:25.72!** 2009 Matt BeneckiNW REG: **4:38.98#** 2008 Philip LaRosa

Name	Yr	Team	Finals Time	
1	Camper, Michael	JR	RHS	4:43.54
2	Stoffa, Gregory	SO	OPHS	4:43.80
3	Stronko, Sam	FR	OPHS	4:53.96
4	Croasdell, Jacob	SO	BFHS	4:54.24
5	Jaeger, Marck	SR	HYL	4:58.14
6	Kimble, Cole	JR	NSHS	4:59.65
7	Resch, Robert	JR	NSHS	5:01.60
8	Francis, Daniel	JR	WSHS	5:02.73
9	Wanner, Jackson	JR	BPHS	5:09.37

Northwest Regional Swimming Championships
Demond Center, Radford University
Results - Afternoon

#15 Boys 500 Yard Free)

10	Nye, Connor	FR	WSHS	5:09.82
11	Faust, Michael	FR	MVHS	5:10.15
12	Brower, Michael	SO	BPHS	5:11.17
13	Wineinger, Andrew	FR	CFHS	5:15.76
14	Lopacki, Jonathan	FR	OPHS	5:16.53
15	Meyer, Kyle	JR	NSHS	5:18.91
16	Pomaievich, Matthew	FR	OPHS	5:22.77
17	Ray, Andrew	FR	LV	5:34.95
18	Goulet, Zachary	FR	SJHS	5:39.56
19	Dailey, Christopher	SR	BFHS	5:49.39
20	Storey, Robert	FR	OHS	5:51.89
21	Byrne, Daniel	SR	OHS	6:01.99
22	Bergmann, Johnathan	SO	WSHS	6:02.72
23	Collins, David	JR	GWHS	6:10.61
24	Haupt, Connor	JR	BFHS	6:11.44
25	Seitz, Ryan	SO	OHS	6:23.25
26	Mulcahy, Liam		PHHS	6:43.82
27	Conner, Chase		HCHS	7:47.85
---	Boyd, Nicholas	SO	FCHS	DQ
---	Holden, Taylor	JR	FCHS	DQ

#16 Girls 500 Yard Free**State Record: 4:50.14! 2009 Rachael Burnett****NW REG: 5:05.71# 2008 Mandy Vincent**

Name	Yr	Team	Finals Time
1	Nowak, Haley	SR OHS	5:07.97
2	Allen, Abbey	SR NSHS	5:13.49
3	Vincent, Mandy	SR GFHS	5:16.76
4	Skelley, Emma	FR OPHS	5:17.63
5	Lund, Rachel	SR OPHS	5:20.59
6	Gully, Kendra	SR OPHS	5:24.21
7	Winkler, Claire	SO MHS	5:24.48
8	Glavy, Jenna	JR MVHS	5:35.01
9	Lisbon, Kelsey	FR WSHS	5:36.46
10	McTarsney, Ciara	SO CFHS	5:38.10
11	Hosseini, Rachel	SO OPHS	5:42.54
12	Owens, Shelby	FR WSHS	5:43.32
13	Martinich, Alex	FR MVHS	5:44.26
14	Comer, Megan	SO NSHS	5:45.12
15	Dix, Sara	FR NSHS	5:48.38
16	Grecco, Allison	FR HHS	5:48.87
17	Gold, Jordan	JR HHS	5:49.74
18	Crowley, Michelle	SO LV	5:54.59
19	Ball, Shelby	FR CFHS	6:00.54
20	Anastasio, Christine	SR GFHS	6:03.27
21	Casola, Grace		PHHS 6:05.67
22	Storey, Elizabeth	JR OHS	6:06.05
23	Cotton, Katie	JR SJHS	6:15.54
24	Kamalanathan, Kashne	JR BFHS	6:34.17
25	Clark, Michelle	JR OHS	6:34.41
26	Spencer, Johanna	JR HCHS	7:39.59
27	McEvoy, Katie		PHHS 8:06.85
28	Collins, Alexa		GWHS 8:25.92
29	Conner, Emily	JR HCHS	8:50.58
30	Brubaker, Kala	SO FCHS	9:00.98

---	Venning, Jamie	SR	FCHS	DQ
---	Greer, Sarah	JR	FCHS	DQ

#17 Boys 200 Yard Free Relay**State Record: 1:25.43! 2009 Madison HS Boys****S Fletcher, D Fallavollita, A Pennington, R Parker****NW REG: 1:28.89# 2008 Osbourn High School****B Regan, C Wittenuer, P LaRosa, D Jansen**

Team	Relay	Finals Time
1	AHS	A 1:31.13
	Tubridy, Patrick SR	Solomon, Matt SR
	Robbins, Chase JR	Lockman, Matt FR
2	RHS	A 1:31.29
	Shafer, Jake JR	Goonan, Jeff SR
	Bogue, Patrick SR	Camper, Michael JR
3	LV	A 1:33.34
		Parker, Jack SR
	Rabung, Chris SR	
4	BPHS	A 1:33.51
	Hensley, Calvin SO	Mikeal, Jessup
	Wanner, Jackson JR	Garcia, Alex SO
5	HHS	A 1:34.45
	McAllister, Daniel FR	Rosenburg, Damon JR
	Carlyle, Jaegar SR	Wright, Geoffrey SR
6	BFHS	A 1:34.82
	Mathis, Nicholas JR	Boyd, Andrew JR
	Bogle, Justin JR	Lee, Kevin JR
7	FPHS	A 1:34.84
	Reichling, Eric JR	Chamberlain, Alec SO
	Hughes, Ryan JR	Schuette, Matt JR
8	OPHS	A 1:34.88
	Stoffa, Gregory SO	Foskett, Andrew SR
	Bassford, John SR	Lord, Peter SO
9	NSHS	A 1:36.77
	Young, Derek FR	Meyer, Kyle JR
	Troy, Winston	Kimble, Cole JR
10	PHHS	A 1:37.47
	McGraw, Trey	Catron, Matthew
	Thornhill, Alan JR	Potter, Tim
11	WSHS	A 1:39.55
	Langhauser, Keith SO	Nye, Connor FR
	Hannan, Mark FR	Freeman, Will FR
12	OHS	A 1:39.63
	Perez, Matthew JR	Yeung, Matthew SR
	Mernin, Ethan FR	McGrory, Reilly SO
13	GFHS	A 1:39.84
	Duso, Evan JR	Anderson, Brandon JR
	Green, John FR	Kem, Thokeyna JR
14	MHS	A 1:41.11
	Brown, Paul	Hanson, Andrew
	Smith, Philip SO	Wendt, Christian FR
15	SJHS	A 1:42.38
	Cerniuk, Alex SO	Goldman, Luke SO
	Stoll, Jordon SO	Thornburg, Michael JR
16	HCHS	A 1:42.95
	Keck, Jordon SO	Garner, Brandon
	Ford, Zak SO	Henderson, Dru JR

17	GWHS	A	1:50.20
	Argyakis, N	Dillard, T	
	Yoder, Chris	Phelps, John	

#18 Girls 200 Yard Free Relay**State Record: 1:36.20! 2008 Fairfax High School****E Baumgardner, F Dowd, J DeOrnellas, T Harvey****NW REG: 1:41.23# 2009 Colonial Forge High****B Monahan, C McTarsney, E Burlingham, C Simmons**

Team	Relay	Finals Time
1	OPHS	A 1:41.84
	Souther, Christine SO	Lund, Rachel SR
	Gully, Kendra SR	Mizerak, Courtney SO
2	NSHS	A 1:42.10
	Allen, Abbey SR	Bedwell, Caitlyn JR
	Deubler, Mackenzie JR	Brana, Alexis JR
3	RHS	A 1:44.60
	Kalista, Maria SR	Brumbaum, Kayla FR
	Bauers, Tori SR	Fletcher, Dani SR
4	AHS	A 1:45.27
	Pajewski, Christine SR	Freshwater, Melanie JR
	Sharp, Corinne SR	Harper, Holly SO
5	CFHS	A 1:46.35
	Hutchinson, Andrea JR	McTarsney, Ciara SO
	Burlingham, Eva SR	Monahan, Bailie SO
6	GFHS	A 1:46.62
	Vincent, Taylor FR	Emert, Heather JR
	Vincent, Mandy SR	Fleming, Kathleen SR
7	FPHS	A 1:47.82
	Waller, Antoinette FR	Hummer, Lilly SO
	Bodmer, Allyson FR	Hood, Taylor SO
8	HHS	A 1:49.07
	Rember, Bailey JR	Waletzki, Nicole SR
	Perussault, Lauren SR	Rosenburg, Kaleigh FR
9	BFHS	A 1:51.06
	McRory, Ramsey SR	Lowell, Peri JR
	Pyles, Megan SO	Boyd, Brigitte FR
10	OHS	A 1:55.81
	Ritner, Alyssa SO	Boyle, Erica SO
	Goodfellow, Amber JR	Nowak, Emma FR
11	PHHS	A 1:57.38
	Brailsford, Caroline	Black, Gracie
	Martin, Allison	Casola, Grace
12	LV	A 1:57.49
	Suminski, Sheridan FR	Halterman, Courtney SO
	Larco, Dani JR	Sullivan, Meghan SR
13	HCHS	A 2:02.58
	Spencer, Johanna JR	Miller, Jordon
	White, Kelsey FR	Farley, Morgan JR
14	GWHS	A 2:10.96
	Collins, Alexa	Hughes, A
	Waldman, Stephanie	Jones, Rachel
---	SJHS	A DQ
	Heavner, Stephanie SR	Ordonez, Cindy JR
	Pendegrass, Aimee SR	Thai, Melissa FR
---	WSHS	A DQ
	Varela, Courtney JR	Lemay, Katie SO
	Hanson, Katherine FR	West, Maddie FR

Northwest Regional Swimming Championships
Demond Center, Radford University
Results - Afternoon

#19 Boys 100 Yard Back

State Record: 50.20! 2000 Markus Rogan

NW REG: 52.13# 2008 Andrew Starr

Name	Yr	Team	Finals Time
1 Fox-Moles, Michael	SO	BPHS	52.65
2 Friedel, Josh	JR	MVHS	52.68
3 Campbell, Conor	SR	OHS	53.31
4 Blakely, Steven	JR	OPHS	53.59
5 McGhee, Ryan	SR	AHS	55.87
6 Topping, Stephen	JR	AHS	55.89
7 Lord, Peter	SO	OPHS	56.86
8 Robbins, Chase	JR	AHS	56.98
9 Croasdell, Jacob	SO	BFHS	57.03
10 Sell, Michael	FR	MVHS	57.19
11 Shields, AJ	SO	OPHS	58.48
12 Prescott, Jay	JR	WSHS	58.55
13 Resch, Robert	JR	NSHS	58.62
14 Kem, Thokeina	JR	GFHS	58.79
15 Whitticar, Ford	FR	BFHS	59.11
16 Girani, Thomas	SO	FCHS	59.89
17 Telford, Sean	AHS		1:00.18
18 Yang, John	JR	FPHS	1:00.67
19 McDonald, Alex	SR	OPHS	1:00.76
20 McAllister, Daniel	FR	HHS	1:01.20
21 Mustafa, Ameen	JR	OHS	1:01.57
22 Paquin, Joshua	SO	BFHS	1:01.72
23 Whalen-Kelly, Eric	JR	RHS	1:01.98
24 Lamana, Nick	SR	LV	1:04.18
25 Rooney, Kevin	SR	BFHS	1:04.97
26 Seltzer, Dieter	JR	SJHS	1:06.33
27 Yoder, Chris		GWHS	1:19.47
28 Zanarini, Nick		HCHS	1:21.73
29 Elliott, Taylor	JR	HCHS	1:22.87
--- Holden, Taylor	JR	FCHS	DQ
--- Wells, G.W.	SR	FCHS	DQ
--- Akers, Hunter	FR	FCHS	DQ

#20 Girls 100 Yard Back

State Record: 54.85! 2009 Meredith Cavalier

NW REG: 57.07# 1998 Bethany Lindberg

Name	Yr	Team	Finals Time
1 Harper, Holly	SO	AHS	58.18
2 Ryan, Kelsey	JR	LV	1:01.11
3 Flinn, Mary	FR	BPHS	1:01.32
4 Lisbon, Megan	JR	WSHS	1:01.59
5 Slattery, Molly	SR	MVHS	1:02.11
6 Wuckovich, Zoe	JR	STAFF	1:02.57
7 Tremols, Nina	FR	BFHS	1:02.77
8 Suhling, Maggie	SO	NSHS	1:03.02
9 Harrison, Elizabeth	SR	OPHS	1:03.68
10 Crider, Lara	SR	BFHS	1:04.69
11 Leong, Samantha	FR	FPHS	1:04.80
12 Miller, Kelly	FR	AHS	1:06.28
13 Grecco, Allison	FR	HHS	1:06.39
14 Roddy, Katie	SR	AHS	1:06.65
15 Weldon, Brianna	FR	PHS	1:06.70

16 Freshwater, Melanie	JR	AHS	1:07.17
17 Keen, Kiyomi	FR	MHS	1:07.23
18 West, Maddie	FR	WSHS	1:07.67
19 Miller, Sara	JR	OHS	1:09.44
20 Hood, Taylor	SO	FPHS	1:10.50
21 Hosseini, Rachel	SO	OPHS	1:10.88
22 Anastasio, Christine	SR	GFHS	1:12.36
23 Johnson, Kelly	JR	LV	1:12.63
24 Hoch, Breanna	FR	FCHS	1:21.56
25 Essig, Melissa	JR	HCHS	1:22.72
26 Ferguson, Peyton	JR	HCHS	1:28.46
27 Brubaker, Kala	SO	FCHS	1:37.03
28 Tran, Sandy	10	WFHS	1:58.19

#21 Boys 100 Yard Breast

State Record: 57.15! 2009 Stephen Richards

NW REG: 58.02# 2005 Zachary Hayden

Name	Yr	Team	Finals Time
1 Rosenburg, Damon	JR	HHS	1:02.11
2 Perez, Tyler	SR	OHS	1:02.25
3 Schwalm, Connor	JR	PHS	1:02.69
4 Keen, Dylan		MHS	1:03.35
5 Cudahy, Sean	SR	AHS	1:03.37
6 Kauppert, Tyler		MHS	1:03.42
7 Webb, Tim	JR	AHS	1:04.02
8 Francis, Daniel	JR	WSHS	1:04.65
9 Mathis, Nicholas	JR	BFHS	1:05.47
10 Barone, Jacob	SR	OPHS	1:06.35
11 Robison, Robbie	SO	AHS	1:06.82
12 Murrin, Jordan	SO	FPHS	1:06.93
13 Deal, Forrest		BPHS	1:07.22
14 Bernardino, Michael	JR	AHS	1:07.29
15 Worrick, Joe	FR	OPHS	1:07.44
16 Hunt, Tommy		MHS	1:07.49
*17 Stockner, Daniel	FR	MVHS	1:07.89
*17 Karlovich, Zach	SR	STAFF	1:07.89
19 Perez, Matthew	JR	OHS	1:08.85
20 Yeung, Matthew	SR	OHS	1:09.03
21 Chapman, Zachary	FR	BFHS	1:09.16
22 Barefoot, Nicolaus	FR	WSHS	1:09.24
23 Taylor, Brent	JR	FCHS	1:10.06
24 Kerber, Sam	SO	OHS	1:10.28
25 Brundage, Matt	JR	FPHS	1:10.85
26 Freeman, Will	FR	WSHS	1:10.89
27 Dailey, Christopher	SR	BFHS	1:11.79
28 Catron, Matthew		PHHS	1:13.76
29 Keck, Jordon	SO	HCHS	1:15.57
30 Fulcher, Hunter	SO	HCHS	1:18.10
31 Popek, James	SO	HCHS	1:27.81
32 Harris, Will	9	WFHS	1:27.96
33 Robbins, Austin		HCHS	1:29.06
34 Bowling, Bryant	10	WFHS	1:36.37

#22 Girls 100 Yard Breast

State Record: 1:00.96! 2008 Ashley Danner

NW REG: 1:05.47# 2003 Lauren Brick

Name	Yr	Team	Finals Time
1 Brumbaum, Kayla	FR	RHS	1:05.74
2 Mizerak, Courtney	SO	OPHS	1:06.40
3 Stephens-Pickeral, Ali	FR	GWHS	1:06.73
4 Livingston, April	SR	HYL	1:07.60
5 Rosenburg, Kaleigh	FR	HHS	1:07.95
6 Martin, Natalie	FR	BFHS	1:08.82
7 Bodmer, Allyson	FR	FPHS	1:09.18
8 Young, Carmen	JR	OPHS	1:10.53
9 Melkun, Hannah	JR	STAFF	1:10.98
10 Sherman, Paige	JR	NSHS	1:11.08
11 Pfannenstien, Ashley	SR	MVHS	1:11.80
12 Schmitz, Catie	JR	NSHS	1:13.07
13 Souther, Christine	SO	OPHS	1:14.01
14 Ross, Nikki	SO	AHS	1:14.96
15 Lisbon, Kelsey	FR	WSHS	1:15.34
16 Martin, Allison		PHHS	1:15.89
17 Kines, Kathleen	SR	AHS	1:16.07
18 Black, Gracie		PHHS	1:16.90
19 Chen, Jessica	JR	WFHS	1:17.49
20 Hoch, Caitlin	JR	FCHS	1:17.58
21 Moore, Julia	SO	FPHS	1:18.66
22 Emert, Heather	JR	GFHS	1:19.53
23 Lowell, Peri	JR	BFHS	1:19.66
24 Comer, Megan	SO	NSHS	1:19.68
25 Crowley, Michelle	SO	LV	1:20.53
26 Shayka, Bridget	JR	LV	1:21.26
27 Sucher, Katharine	SO	OHS	1:21.87
28 Yeung, Michelle	SO	OHS	1:23.64
29 Morgan, Elizabeth	JR	OHS	1:23.98
30 Miller, Jordon		HCHS	1:27.10
31 Snead, Rebecca	FR	HCHS	1:27.57
32 Conner, Jessica		HCHS	1:30.47

#23 Boys 400 Yard Free Relay

State Record: 3:06.81! 2009 Madison HS Boys

R Parker, M Russiello, A Pennington, S Fletcher
NW REG: 3:16.37# 2009 Osbourn High School
C Campbell, M Perez, C Wittenauer, D Jansen

Team	Relay	Finals Time
1 BFHS	A	3:18.78
Whitticar, Ford FR	Bogle, Justin JR	
Croasdell, Jacob SO	Tremols, Nick SR	
2 BPHS	A	3:20.45
Hensley, Calvin SO	Mikeal, Jessup	
Blevins, Phillip JR	Fox-Moles, Michael SO	
3 MVHS	A	3:20.64
Friedel, Josh JR	Sell, Michael FR	
Slattery, Michel SO	Johnson, Mike SO	
4 OHS	A	3:23.93
Perez, Tyler SR	Mustafa, Adam SO	
Mernin, Ethan FR	Campbell, Conor SR	

**Northwest Regional Swimming Championships
Demond Center, Radford University
Results - Afternoon**

(#23 Boys 400 Yard Free Relay)

5 OPHS	A	3:24.49
Stoffa, Gregory SO	Blakely, Steven JR	
Lord, Peter SO	Minick, Grant SO	
6 MHS	A	3:24.75
Young, Mike	Keen, Dylan	
Hunt, Tommy	Kaupfert, Tyler	
7 AHS	A	3:26.87
Solomon, Matt SR	Cudahy, Sean SR	
Robbins, Chase JR	Lockman, Matt FR	
8 NSHS	A	3:32.15
Meyer, Kyle JR	Morrison, Nathan SO	
Kimble, Cole JR	Resch, Robert JR	
9 FPHS	A	3:32.73
Hughes, Ryan JR	Schuette, Matt JR	
Smith, Bryan JR	Blevins, Philip JR	
10 WSHS	A	3:37.20
Francis, Daniel JR	Nye, Connor FR	
Sweeney, Harrison FR	Prescott, Jay JR	
11 RHS	A	3:38.32
McClure, Sean JR	Etter, Ethan FR	
Whalen-Kelly, Eric JR	Goonan, Jeff SR	
12 SJHS	A	3:46.86
Utt, Daniel FR	Thornburg, Michael JR	
Cerniuk, Alex SO	Beavers, Duncan FR	
13 HHS	A	3:51.25
Mitchell, Travis SO	Stonerook, Adam SO	
Pratz, Scott SR	Frye, Ian SR	
14 GFHS	A	3:53.02
Green, John FR	Anderson, Brandon JR	
Kem, Thokeyna JR	Schwoppe, Max JR	
15 GWHS	A	4:13.85
Yoder, Chris	Phelps, John	
Feldman, James	Collins, David JR	
16 HCHS	A	4:30.08
Elliott, Taylor JR	Smith, Hampton SO	
Miller, Delontae FR	Fulcher, Hunter SO	
17 WFHS	A	5:05.35
Ackar, Muriz 10	Brown, Dequan 9	
Udyisenga, Deo 9	Huffman, Brady 11	
--- FCHS	A	DQ
Declared false start		
Phifer, Sam SR	Whitefleet, Bill JR	
Boyd, Nicholas SO	Lovell, Duncan SO	

#24 Girls 400 Yard Free Relay
State Record: 3:30.60! 2008 Lake Braddock
S Lynch, C Ogren, M Emery, A Danner
NW REG: 3:37.66# 2009 Osbourn High School
C Boyle, K Ansley, D Kalnins, H Nowak

Team	Relay	Finals Time
1 OHS	A	3:39.70
Boyle, Casie JR	Turner, Heidi FR	
Ansley, Kameron JR	Nowak, Haley SR	
2 NSHS	A	3:39.87
Allen, Abbey SR	Suhling, Maggie SO	
Brana, Alexis JR	Deubler, Mackenzie JR	

3 OPHS	A	3:40.70
Kula, Audrey SO	Lund, Rachel SR	
Gully, Kendra SR	Mizerak, Courtney SO	
4 FPHS	A	3:41.80
Hummer, Lilly SO	Leong, Samantha FR	
Murphy, Briana JR	Harper, Shannon SO	
5 BFHS	A	3:50.43
Tremols, Nina FR	Crider, Lara SR	
Martin, Natalie FR	Criscuolo, Holly SO	
6 CFHS	A	3:51.57
Ball, Shelby FR	Burlingham, Eva SR	
Goidas, Angie JR	Hutchinson, Andrea JR	
7 STAFF	A	3:53.64
Melkun, Hannah JR	Lewis, Hannah SO	
Heflin, Sam SO	Wuckovich, Zoe JR	
8 MVHS	A	3:53.93
Pfannenstein, Alyssa SO	Pfannenstein, Ashley SR	
Yacone, Marie JR	Slattery, Molly SR	
9 GFHS	A	3:54.15
Vincent, Taylor FR	Emert, Heather JR	
Vincent, Mandy SR	Fleming, Kathleen SR	
10 WSHS	A	3:55.49
Lisbon, Megan JR	Owens, Shelby FR	
Lisbon, Kelsey FR	Woll, Jade FR	
11 MHS	A	3:56.30
Minnich, Shannon	Winkler, Claire	
Perry, Hayley	Herbek, Laurie	
12 AHS	A	4:02.26
Sharp, Corinne SR	Freshwater, Melanie JR	
Miller, Kelly FR	Gilgannon, Kelly SR	
13 HHS	A	4:14.46
Perussault, Lauren SR	Meyer, Alyssa SO	
Waletzki, Nicole SR	Gold, Jordan JR	
14 SJHS	A	4:20.93
Pendegrass, Aimee SR	Thai, Melissa FR	
VanBuskirk, Carrie SO	Cotton, Katie JR	
15 GWHS	A	4:37.57
Waldman, Stephanie	Hughes, A	
Jones, Rachel	Stephens-Pickeral, Ali	
16 HCHS	A	4:39.88
Miller, Jordon	Snead, Rebecca FR	
Spencer, Johanna JR	White, Kelsey FR	
17 PHHS	A	5:09.27
Gambler, Emily	Roller, Elly	
McEvoy, Katie	Baldrige, Anne SO	

11. Stafford Indians Swim Team	96
12. Mountain View Wildcats	89
13. Woodbridge Senior High School	88
14. Massaponax High School	63.5
15. Loudoun Valley	50
16. George Washington HS	37
17. Brooke Point High School	33
18. Franklin County High School	29
19. Patrick Henry High School	25
20. Hylton HS Bulldogs	21
21. Halifax County High School	10
21. Stonewall Jackson High School	10
23. Potomac HS	2

Scores - Men

Men - Team Rankings - Through Event 24	
1. Albemarle High School	273.5
2. Osbourn Park High School	261.5
3. Battlefield High School	233
4. Brooke Point High School	190
5. Osbourn High School	171.5
6. Massaponax High School	132.5
7. Mountain View Wildcats	130
8. Riverbend High School	117
9. Heritage High School	116
10. Forest Park High School	93
11. North Stafford High School	90
12. Woodbridge Senior High School	80.5
13. Patrick Henry High School	73
14. Loudoun Valley	68
15. Potomac HS	59
16. Gar-Field Senior High School	21
17. Hylton HS Bulldogs	20
17. Stonewall Jackson High School	20
19. Halifax County High School	6
19. Colonial Forge High School	6
21. George Washington HS	4
22. Stafford Indians Swim Team	3.5
23. Franklin County High School	1

Scores - Women

Women - Team Rankings - Through Event 24	
1. Osbourn Park High School	300
2. North Stafford High School	217.5
3. Osbourn High School	201
4. Battlefield High School	165
5. Forest Park High School	156
6. Colonial Forge High School	125
7. Gar-Field Senior High School	123
8. Albemarle High School	112
9. Riverbend High School	111
10. Heritage High School	100